

PREPARING FOR PANDEMICS: WHAT ABOUT MENTAL HEALTH?



Addressing Psychological Distress
and Promoting Wellbeing
in the COVID-19 Pandemic

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Barcelona School of Management, Universidad Pompeu Fabra
UPF - Balmes Building, C/ de Balmes, 132, 134,
L'Eixample, 08008 Barcelona, Spain



16 May 2024



The conference will take place in person in Barcelona. It is also possible to register for online attendance only.

FINAL PROGRAMME

09:00 - 09:30	Registration & coffee	
09:30 - 09:40	Welcome	(Chair) Dr. Josep Maria Haro, Centro de Investigación Biomédica en Red de Salud Mental (CIBERSAM), Instituto de Salud Carlos III, Spain Prof. Dr. Marit Sijbrandij, Vrije Universiteit Amsterdam, The Netherlands
09:40 – 10:00	Scalable strategies to improve mental wellbeing in crisis: perspectives from WHO	Dr. Ken Carswell, Department of Mental Health and Substance Use, World Health Organization
10:00 - 11:00	Vulnerable populations in the COVID-19 pandemic: using epidemiological research to identify risk groups	Prof. Dr. Maria Melchior, INSERM, France Prof. Dr. Ellenor Mittendorfer-Rutz, Karolinska Institutet, Sweden Anna Monistrol Mula, Centro de Investigación Biomédica en Red de Salud Mental (CIBERSAM), Instituto de Salud Carlos III, Spain
11:00 - 11:30	Coffee break	
11:30 - 12:15	Exploring the salience of mental health issues in pandemic decision-making: a qualitative analysis	Dr. Wagner Silva-Ribeiro, London School of Economics and Political Science, UK
	Balancing health and mental health in a pandemic: A Discrete Choice Experiment in Eight European Countries	Prof. Dr. Vincent Lorant, Université Catholique De Louvain, Belgium
	Improving the preparedness of health systems to reduce mental health and psychosocial concerns resulting from public health and economic shocks	Dr. David McDaid, London School of Economics and Political Science, UK
12:15 - 13:00	Building resilience for future pandemics: Evaluation of a scalable and cost-effective eHealth intervention for health and care workers with psychological distress	Dr. Roberto Mediavilla, Centro de Investigación Biomédica en Red de Salud Mental (CIBERSAM), Instituto de Salud Carlos III, Spain Papoula Petri-Romão, Leibniz-Institut für Resilienzforschung, Germany
	Implementation study of the stepped-care programme of psychological interventions for healthcare workers in nursing homes for older people in Belgium	Dr. Pablo Nicaise, Université Catholique De Louvain, Belgium
13:00 - 14:00	Lunch	
14:00 - 15:00	Testing WHO psychosocial interventions for vulnerable population groups	Dr. Marianna Purgato, Università di Verona, Italy Rinske Roos, Vrije Universiteit Amsterdam, The Netherlands Giulia Turrini, Università di Verona, Italy Dr. Andrea Tortelli, INSERM, France
15:00 - 16:15	Panel discussion with researchers and policymakers	(Opening) Dr. Josep Maria Haro, Centro de Investigación Biomédica en Red de Salud Mental (CIBERSAM), Instituto de Salud Carlos III, Spain (Chair) Dr. Dirk Hadrich, European Commission Dr. María Fe Bravo, Head of Department of Psychiatry and Mental Health, Hospital Universitario La Paz Madrid, Spain Prof. Dr. Brian Hall, Director of the Center for Global Health Equity, NYU Shanghai, China Dr. Michela Nose, Università di Verona, Italy Prof. Dr. Marit Sijbrandij, Vrije Universiteit Amsterdam, The Netherlands
16:15 - 16:20	Closing remarks	Prof. Dr. Marit Sijbrandij, Vrije Universiteit Amsterdam, The Netherlands
	Drinks	